



**Contact:** Bernhard Kirschner  
173 Pacific Highway,  
North Sydney, NSW 2060  
0416 23 7667 - 1300 4APNEA  
[brk@sra.org.au](mailto:brk@sra.org.au)  
[www.sra.org.au](http://www.sra.org.au)

**Notice of First Open Meeting of the Sleep Remedies Association at  
6:00 PM on Monday 18 December 2006  
at 173 Pacific Highway, North Sydney, NSW 2060**

You are invited to join us on Monday evening. Yes I know it is just one week before Xmas, but too many people are away thereafter, and we want to make plans ASAP for the future. There is ample parking on the Pacific Highway, facing south, and we will supply light refreshments.

This is an informal meeting, open to those who have indicated an interest in joining the SRA, and those who may want to know what we are planning or want to influence the directions of the SRA, but have not yet decided to join.

We will be discussing the following:

1. How best to publicise the dangers of OSA.
2. Who should be able to join the SRA, and what are acceptable sleep remedies.
3. How and is joint marketing possible.
4. How and is joint buying possible.
5. Whether and how the SRA is to advocate home screening.
6. To discuss and compare our experiences on different types of CPAP machines and masks, and the effects of new cheaper Asian CPAP manufacturers.
7. Appointing an interim management committee.